



March 2014

2012-2013 Annual Report

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UIHS Board of Directors ~ Roster for 2014

FEDERALLY RECOGNIZED TRIBAL GOVERNMENT REPRESENTATIVES

(Selected by Tribe and must meet UIHS criteria, no term limit)

Bear River Band of Rohnerville Rancheria

Aileen Meyer

Barry Brenard (Alternate)

Big Lagoon Rancheria

Virgil Moorehead, * *Chairperson*

Blue Lake Rancheria

E. Diane Holliday

Claudia Brundin (Alternate)

Cher-Ae Heights Indian Community of the Trinidad Rancheria

R. Joy Sundberg

Ruby Rollings (Alternate)

Elk Valley Rancheria

John Green

LaWanda Quinnell (Alternate)

Resighini Rancheria

Donald McCovey

TBA (Alternate)

Smith River Rancheria

Denise Padgette

Lenora Hall (Alternate)

Wiyot Tribe Reservation

Cheryl A. Seidner, * *Member-at-Large*

Velva Angell (Alternate)

Yurok Tribe of the Yurok Reservation

Laura Borden

Larry Hendrix (Alternate)

INDIAN COMMUNITY REPRESENTATIVES

(Elected by UIHS Community Members, term limits)

Area 1

Florine Fern Bates (2013-15), * *Secretary*

Charlene Storr (2012-14), * *Treasurer*

Area 2

E. Dewey Myers (2013-15)

Maxine Lewis-Raymond (2012-14)

Area 3

C. Ellen Durfee (2013-15)

Farrel Starr (2012-14), * *Vice Chairperson*

Area 4

Vacant (2013-15)

Vacant (2012-14)

Area 5

Richard Myers (2013-15)

Kenneth Roberts (2012-14)



Who We Are

We recognize that the extensive historical trauma experienced by our people has had a significant impact on the health and wellness of our community. We have survived this trauma but our struggle continues as the pain of these events affects our children and families to this day. We continue to heal and succeed through our culture, our traditions, our families and our spiritual resources.

As part of our healing process, United Indian Health Services was founded to meet our unique needs. We respect those dedicated community leaders who created UIHS to give us “a place of our own” and we honor their vision by always striving to make this the best place for our community to receive care.



UIHS Board Chairperson Welcome



Dear Members of the UIHS Community,

Fiscal year 2012—13 had its ups and downs. On the plus side UIHS received accreditation through 2015 from the Accreditation Association of Ambulatory Health Care (AAAHC). Everyone of our staff contributed to this achievement. We could not have done it without them. Another large plus was the opening of both the Medical and Dental Facilities in Crescent City. Of course, the downside has been the loss of needed funding due to sequestration and other cut-backs. Again, our faithful staff is giving 110% during this short handed time as we wait for funding to be restored and new sources to be identified. Any suggestions or ideas will be gratefully accepted. We also lost our CEO, Vida Khow, at the end of 2013. We miss her vision and dedication but wish her well in New Mexico. Hopefully, we will have a new CEO very soon.

Thank you to all of our community: clients, staff, and board for working together this past year. Please join us with good thoughts for many more healthy and happy years together.

Virgil Moorehead, Chairperson, UIHS Board of Directors



OUR VISION

Healthy mind, body, and spirit for generations of our American Indian Community

OUR MISSION

To work together with our clients and community to achieve wellness through health services that reflect the traditional values of our American Indian Community

CORE PHILOSOPHIES

Ko' l ha koom' ma (Yurok—working together)

We honor the dignity of every person. We value working together with the individual, the family and the community. By sharing our strengths and resources we bring wellness to ourselves, our community and our world.

May gay tolh kway (Yurok—a healing place)

We strive to provide the best healthcare services in an environment that is welcoming, healing, and nurturing for all. We hire qualified staff and commit ourselves to recruiting American Indians at all levels. We value every staff member and support the development of each employee's potential while optimizing their skills and contributions.

Ghes na' dvn (Tolowa—well place)

We value caring for the whole person. We focus our resources on the promotion of health and prevention of illness. We recognize that social, environmental, cultural, spiritual, and economic wellness is vital for the overall health of our community and organization; we support and promote actions that bring these elements into balance.





TRADITIONALLY DRIVEN



Cultural values and traditions guide the planning and implementation of services.

Traditional Indian Health Care

To honor the traditions and cultures of the American Indian Community, United Indian Health Services (UIHS) offers access to Traditional Indian Healer/Spiritual Advisor. The Traditional Indian Healer/Spiritual Advisor can be utilized when requested by clients or providers on behalf of clients throughout UIHS. United Indian Health Services considers the services provided by a Traditional Healer/Spiritual Advisor of extraordinary value to heal the whole person. The importance of healing the whole person is recognized as paramount. We strive to integrate services that focus on all parts of our clients' self, including their mind, body, and spiritual self. The Traditional Indian Healer/Spiritual Advisor is available at UIHS on a monthly basis, both in Humboldt and Del Norte Counties.

Some UIHS client testimony:

"My purpose was to ask the Medicine Man to help me heal what ails my body. He did what the spirits had directed him. The gentle touch of the eagle feather and the rhythmic songs blessed my body that gave me strength knowing I am now centered with my ancestors that have come before and the mother earth."



"I tried to commit suicide one day but the Creator had other plans for me. The Creator led me to the traditional healer and the sweats at UIHS. I will be forever grateful for this gift to connect with my inter-spirit through the healing methods of our people's traditions and cultures."

Traditional Foods

The UIHS Food is Good Medicine Program, funded through the Center for Disease Control's Native Diabetes Wellness Program, focuses on sharing information about our traditional foods in an effort to support diabetes prevention and promote community wellness. We have had great success in various components of the project including the development of community outreach and education materials, traditional and digital storytelling projects, support for inter-generational learning opportunities, and more. The goal is to share the message that traditional foods were good medicine

in the past, and that they can continue to be a part of a healthy future for our community. We promote local traditional foods, as well as contemporary foods that are similar in nutritional value and more readily available in grocery stores. Many community members are excited to learn about traditional foods and their nutritional value. In this fast-paced world that we live in, our educational materials and projects encourage families and friends to slow down and share life stories about healthy living around the dinner table.





CLIENT EMPOWERMENT

Clients and their families are empowered to become active participants in their care.



Community Nutrition Success Story

The three-acre Potawot

Community Food Garden provides the UIHS community with a wide range of fresh, organically grown produce and the adjoining Potawot Herb Garden provides both traditional American Indian and European culinary and medicinal herbs. Produce is distributed to the UIHS community through a bi-weekly produce stand from June through October at Potawot Health Village, subscription to the Kay-Woi Basket membership program, and participation in the Diabetes, WIC and Traditional Resources programs. The garden offers educational opportunities through a series of workshops on nutrition, organic agriculture, and hands-on internships during the summer months.

The garden participates in community events throughout the year, including the May-Gay-Tolh-Kwe Summer Camp, Klamath Salmon Festival, UIHS HAWC-Walk, All-Area Repchem, and the Annual Arts & Crafts Fair. The culmination of the year's efforts however, is the Community Nutrition



Program's Annual Harvest Celebration. For this event clients are invited to bring their families, and partner schools are invited to bring their students out to the Potawot Food Garden in celebration of food and community. Activities such as sack races and parachute games get the kids moving, while the "carrot dig", apple peeling, and "playing with food" activities reinforce the importance of eating fruits and vegetables. On October 26, 2012, 190 clients, community members, and staff were in attendance.



Good Health goes beyond that of the individual. It must include the health of the entire community including its culture, language, art and traditions as well as the environment in which it exists. The integration of American Indian culture into a modern health care facility is part of a promise that United Indian Health Services made to its clients. Potawot Health Village (PHV) is more than a "medical" building, because it has as its vision the expression of Health for American Indians. The architectural design, the restoration of the surrounding landscape, programs to integrate traditional knowledge in daily activities, and the consistent focus on enhancing strong American Indian culture, are core elements of health care. —A Place of Our Own



CLIENT CENTERED



Care is provided in a way that works best for our clients.

<p>Potawot Health Village 1600 Weeot Way Arcata, CA 95521</p> <p>Administration: (707) 825-5000 Toll Free: (800) 675-3693 Medical: (707) 825-5010 Community Health & Wellness: (707) 825-5070 Nutrition: (707) 825-5030 Dental: (707) 825-5040 Behavioral Health: (707) 825-5060 Pharmacy: (707) 825-5020 FAX: (707) 825-6747</p> <p>Hours of Operation: Monday – Friday: 8:00 AM - 5:00 PM Pharmacy: 8:30 AM – 5:30 PM Closed for lunch: 12:00 PM - 1:00 PM Pharmacy: 12:30 PM – 1:30 PM</p>	<p>Fortuna Health Center 940 Main Street Fortuna, CA 95540</p> <p>Administration: (707) 725-7988 FAX: (707) 725-8088</p> <p>Hours of Operation: Tuesday & Friday 8:00 AM - 4:00 PM Closed for lunch: 12:00PM – 1:00 PM</p>
<p>WIC - (707) 822-9900 5000 Valley West Blvd, Arcata, CA Monday – Friday: 8:00 AM - 5:00 PM</p>	<p>Weitchpec Clinic Highway 96 Weitchpec, CA 95546</p> <p>Main Phone: (530) 625-4300</p> <p>Hours of Operation: Monday & Thursday 9:30AM – 3:00 PM Closed for lunch: 12:00PM – 1:00PM</p>
<p>Del Norte Medical 1675 Northcrest Drive Crescent City CA 95531</p> <p>Main Phone: (707) 464-2750</p> <p>Hours of Operation: Monday - Friday 8:00 AM - 5:00 PM Closed for lunch: 12:00PM – 1:00 PM</p>	<p>Del Norte Dental 785 E. Washington Boulevard, Suite 8 Crescent City, CA 95531</p> <p>Main Phone: (707) 464-2853</p> <p>Hours of Operation: Monday - Friday 8:00 AM - 5:00 PM Closed for lunch: 12:00PM – 1:00 P</p>
<p>Elk Valley 2298 Norris Avenue Crescent City, CA 95531</p> <p>Main Phone: (707) 464-2919 Toll Free: (800) 293-2919 FAX: (707) 464-8218</p> <p>Hours of Operation: Monday - Friday 8:00 AM - 5:00 PM Closed for lunch: 12:00PM – 1:00 PM</p>	<p>Klamath Health Clinic 241 Salmon Avenue Klamath, CA 95548</p> <p>Main phone: (707) 482-2181</p> <p>Hours of Operation: Tuesday, Wednesday & Friday 8:00 AM - 4:00 PM Closed for lunch: 12:00 PM - 1:00 PM</p>





CLIENT CENTERED

Care is provided in a way that works best for our clients.

Behavioral Health

Behavioral Health services include Marriage and Family Therapist, Licensed Clinical Social Workers, and Alcohol and Substance Counselors who provide mental health and substance abuse counseling, prevention, intervention, treatment, referral, community activities, psychiatric services, and traditional healers. Van transportation to appointments, support groups, and community events as needed.

Community Health

Community Health services include health promotion and education, diabetes awareness, community and youth activities, individual exercise counseling, community health representatives, community Injury prevention, and Centering Pregnancy Groups.

Dental

We are a general practice of Dentists and Mid-level Practitioners who provide evaluation, diagnosis, prevention and/or treatment of dental diseases, and/or conditions.

Our scope of general practice encompasses all ages. Some fees may apply. Same day access is available for emergency needs.



Medical

We are a family practice of Physicians and advanced practice clinicians concerned with the total health care of the individual and the family. Our scope of family practice encompasses all ages and gender.

Nutrition

Nutrition services include Registered Dieticians, Nutritionists, and Women, Infants and Children (WIC) Program Nutrition Assistants who provide education and counseling for all clients with nutrition related health problems, pregnant and postpartum women and children. Our Smith River Elder Nutrition Site in Del Norte provides meals and social interactions for our elders five days per week.

Pharmacy

Pharmacy Services are provided at Potawat Health Village. Pharmacists and Pharmacy Technicians provide prescription medications, as well as client education, consultation, and drug information. Pharmacy services outside of Potawat Health Village can be received utilizing the American Health Care (AHC) Pharmacy benefit program at the following locations:



- Green's Fortuna Pharmacy
- Lima's Professional Pharmacy in Eureka
- Barnes Arcata Family Drug
- Willow Creek Pharmacy
- Safeway Pharmacy in Crescent City

Vision

Vision services at Potawat Health Village include an Ophthalmologist who provides eye exams, retinal scans, glasses, referrals, and limited ophthalmology services. Some fees may apply.

Van Transport

UIHS provides transportation service for clients to Potawat Health Village as well as our other satellite sites. For more information contact our Community Health Care Services at 707.825.5070.

United Indian Health Services, Inc.
Statements of Financial Position
June 30,

	<u>2013</u>	<u>2012</u> (as restated)
Assets		
Current assets		
Cash and cash equivalents	\$ 5,447,635	\$ 8,530,638
Board restricted cash	2,300,000	2,425,595
Patient accounts receivable, net of allowance for doubtful accounts of \$314,950 in 2013 and \$493,906 in 2012	824,398	680,625
Receivable from funding sources	638,604	662,725
Inventory	143,832	135,370
Miscellaneous receivables and prepaid expense	302,785	216,014
Total current assets	<u>9,657,254</u>	<u>12,650,967</u>
Property and equipment, net of accumulated depreciation	<u>14,121,281</u>	<u>13,304,406</u>
Other assets		
Artwork	103,450	103,450
Externally restricted cash	180,000	180,000
Total other assets	<u>283,450</u>	<u>283,450</u>
Total assets	<u>\$ 24,061,985</u>	<u>\$ 26,238,823</u>
Liabilities and Net Assets		
Current liabilities		
Accounts payable	\$ 726,034	\$ 479,104
Contract health services payable	357,333	238,720
Accrued payroll and related payroll taxes	386,809	347,836
Accrued mortgage interest	17,682	17,916
Accrued personal leave	365,477	351,725
Self-funded unemployment insurance	81,785	55,002
Deferred grant revenue	5,128,077	8,196,132
Current portion of long-term debt	282,371	259,172
Total current liabilities	<u>7,345,568</u>	<u>9,945,607</u>
Long-term and other liabilities		
Notes payable, net of current portion	<u>7,488,235</u>	<u>7,175,412</u>
Total liabilities	<u>14,833,803</u>	<u>17,121,019</u>
Net assets		
Unrestricted		
Undesignated	6,849,824	6,580,596
Board designated	2,300,000	2,425,595
Temporarily restricted	78,358	111,613
Total net assets	<u>9,228,182</u>	<u>9,117,804</u>
Total liabilities and net assets	<u>\$ 24,061,985</u>	<u>\$ 26,238,823</u>

The accompanying notes are an integral part of these financial statements.

United Indian Health Services, Inc.

Statement of Activities For the Year Ended June 30, 2013

	Unrestricted	Temporarily Restricted	Total
Revenues			
Net patient service revenue	\$ 4,786,900	\$ -	\$ 4,786,900
Pharmacy revenue	1,055,254	-	1,055,254
Grant and contract revenue	16,231,568	-	16,231,568
Electronic health record incentive income	85,000	-	85,000
Interest	4,919	-	4,919
Contributions and other revenue	61,770	2,950	64,720
Net assets released from restrictions	36,205	(36,205)	-
Total revenue	<u>22,261,616</u>	<u>(33,255)</u>	<u>22,228,361</u>
Expenses			
Salaries and wages	9,602,627	-	9,602,627
Fringe benefits	2,375,262	-	2,375,262
Contract labor - replacement	1,654,579	-	1,654,579
Contract health care	1,240,809	-	1,240,809
Supplies	1,132,044	-	1,132,044
Contract labor	808,075	-	808,075
Depreciation	782,197	-	782,197
Travel and training	717,110	-	717,110
Pharmaceutical	665,865	-	665,865
Facility	660,812	-	660,812
Professional fees	389,767	-	389,767
Interest	294,497	-	294,497
Management information systems	291,117	-	291,117
Board expenses	267,956	-	267,956
Communications	198,648	-	198,648
Printing and postage	189,580	-	189,580
Equipment	183,151	-	183,151
Taxes, licenses, and insurance	169,220	-	169,220
Laboratory	164,343	-	164,343
Recruitment and advertising	152,944	-	152,944
Loss on disposal of property	65,616	-	65,616
Other costs	39,087	-	39,087
Subscriptions	37,484	-	37,484
Scholarships	35,193	-	35,193
Total expenses	<u>22,117,983</u>	<u>-</u>	<u>22,117,983</u>
Increase (decrease) in net assets	143,633	(33,255)	110,378
Net assets, beginning of year (as restated)	9,006,191	111,613	9,117,804
Net assets, end of year	<u>\$ 9,149,824</u>	<u>\$ 78,358</u>	<u>\$ 9,228,182</u>

The accompanying notes are an integral part of these financial statements.

United Indian Health Services, Inc.

Statement of Activities

For the Year Ended June 30, 2012

	Unrestricted (as restated)	Temporarily Restricted	Total (as restated)
Revenues			
Net patient service revenue	\$ 4,551,546	\$ -	\$ 4,551,546
Pharmacy revenue	1,092,140	-	1,092,140
Grant and contract revenue	13,525,739	-	13,525,739
Electronic health record incentive income	233,750	-	233,750
Contributions and other revenue	46,680	110,866	157,546
Net assets released from restrictions	73,695	(73,695)	-
Total revenue	19,523,550	37,171	19,560,721
Expenses			
Salaries and wages	8,445,270	-	8,445,270
Fringe benefits	2,029,201	-	2,029,201
Contract labor	1,257,313	-	1,257,313
Contract health care	1,243,251	-	1,243,251
Supplies	927,207	-	927,207
Pharmaceutical	781,726	-	781,726
Depreciation	765,371	-	765,371
Travel and training	584,750	-	584,750
Contract labor - replacement	546,324	-	546,324
Facility	453,514	-	453,514
Interest	402,095	-	402,095
Board expenses	245,620	-	245,620
Professional fees	238,465	-	238,465
Management information systems	210,993	-	210,993
Printing and postage	181,861	-	181,861
Communications	152,922	-	152,922
Laboratory	137,906	-	137,906
Taxes, licenses, and insurance	134,811	-	134,811
Equipment	131,552	-	131,552
Recruitment and advertising	84,933	-	84,933
Scholarships	41,884	-	41,884
Subscriptions	25,158	-	25,158
Loss on disposal of property	13,791	-	13,791
Other costs	13,047	-	13,047
Total expenses	19,048,965	-	19,048,965
Increase in net assets	474,585	37,171	511,756
Net assets, beginning of year	8,531,606	74,442	8,606,048
Net assets, end of year	\$ 9,006,191	\$ 111,613	\$ 9,117,804

The accompanying notes are an integral part of these financial statements.

United Indian Health Services, Inc.

Statements of Cash Flows For the Years Ended June 30,

	2013	2012 (as restated)
Cash flows from operating activities		
Change in net assets	\$ 110,378	\$ 511,756
Adjustments to reconcile change in net assets to net cash provided (used) by operating activities		
Depreciation	782,197	765,371
Loss on disposal of property	65,616	13,791
Net changes in operating assets and liabilities		
Patient accounts receivables, net	(143,773)	(194,702)
Receivable from funding source	24,121	(270,727)
Inventory	(8,462)	3,673
Miscellaneous receivables and prepaid expenses	(86,771)	(99,404)
Accounts payable	246,930	52,271
Contract health services payable	118,613	81,677
Accrued payroll and related payroll taxes	38,973	60,904
Accrued mortgage interest	(234)	(15,269)
Accrued personal leave	13,752	28,082
Self-funded unemployment insurance	26,783	9,453
Deferred grant revenue	<u>(3,068,055)</u>	<u>3,912,189</u>
Net cash (used in) provided by operating activities	<u>(1,879,932)</u>	<u>4,859,065</u>
Cash flows from investing activities		
Property and equipment purchases	<u>(1,664,688)</u>	<u>(356,496)</u>
Net cash used in investing activities	<u>(1,664,688)</u>	<u>(356,496)</u>
Cash flows from financing activities		
Payments on long-term debt	(263,978)	(222,890)
Proceeds from issuance of long-term debt	<u>600,000</u>	<u>-</u>
Net cash (used in) provided by financing activities	<u>336,022</u>	<u>(222,890)</u>
Increase (decrease) in cash and cash equivalents	(3,208,598)	4,279,679
Cash and cash equivalents, beginning of year	<u>11,136,233</u>	<u>6,856,554</u>
Cash and cash equivalents, end of year	<u>\$ 7,927,635</u>	<u>\$ 11,136,233</u>

The accompanying notes are an integral part of these financial statements.

United Indian Health Services, Inc.
Statements of Cash Flows — continued
For the Years Ended June 30,

	2013	2012 (as restated)
Reconciliation of cash and cash equivalents to statement of financial position		
Cash and cash equivalents	\$ 5,447,635	\$ 8,530,638
Board restricted cash	2,300,000	2,425,595
Externally restricted cash	<u>180,000</u>	<u>180,000</u>
	<u>\$ 7,927,635</u>	<u>\$ 11,136,233</u>
 Supplemental information		
Cash paid for interest	<u>\$ 270,606</u>	<u>\$ 414,571</u>

The accompanying notes are an integral part of these financial statements.

